

Walking
in the
Spirit

How you can experience the supernatural life of grace.

by
Veronica Kilrain



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Endorsements

What an adventure! To hear the voice of God and seek His face-- nothing can compare to this! Veronica Kilrain's book is a beautiful treasure chest yielding wonderful truths to those who will read it. She is a woman that heard from God and is filled with grace. Every paragraph is fresh and vibrant, giving the reader a front row seat into the prophetic journey of listening to God. She recounts many of her experiences that add so much to the book. Walking in the Spirit will take you deep into the ways of God. Practical and powerful, you can expect to be launched into the wonderful experience of drawing closer to God. Read it! Share with friends! Encounter God for yourself as you begin Walking in the Spirit!

DR BRIAN SIMMONS

TRANSLATOR

THE PASSION TRANSLATION

www.passiontranslation.com

Veronica shares with vulnerability and grace how to walk out your life prophetically and practically. You'll be edified and encouraged as you read this book, like you are sitting down with your best-friend sharing heart to heart.

KYLIE RUFUS

CITY CHURCH INTERNATIONAL HONG KONG

www.ccihk.com

I met Veronica Kilrain at a writers' conference and her radiance and joyful attitude made me want to know her better. When I read this book, it became clear that her wonderful gift for visual pictures and images is

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for a reason. She uses it to show us how easily we can come to recognize the unique ways in which God communicates with each of us. I love Veronica's confidence in assuring readers that we can all live prophetic lifestyles, and that sensing God's individual plans for us may be far easier than we'd expect.

PAULA VINCE

AUTHOR

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This book has been a delight to read. Veronica, in sharing her experiences, imparts both the simplicity of profound wisdom and the revelation of God's Word. As you fellowship together in her vulnerabilities and victories, sharing laughter or tears, you will be encouraged and inspired to expect the grace, blessings, gifts and favor, available to us in Christ Jesus, to manifest in your own life. You will be inspired and grow in your own walk as the Spirit leads. You will be engaged and appreciate the support and comfort the body of Christ can be for each other.

JEANETTE GILLESPIE

SONG WRITER/MUSICIAN

I thoroughly recommend Veronica Kilrain's book *Walking in the Spirit* as a source of inspiration and encouragement for all who are on their journey of faith. Her passion and zeal for Christ has arisen from her own journey which is so powerfully presented in her testimony, which is

Endorsements

in itself a triumph of God's grace over the formidable obstacles of life. This book is challenging, informative, enriching and very real!"

PHIL HOWELL

FOUNDER AND APOSTOLIC LEADER

WITHOUT WALLS INC

WESTERN AUSTRALIA

www.withoutwalls.com.au

Walking in the Spirit is a refreshing and joyous read. Veronica brings out powerful truths with delightful candor and the transparency with which she shares about her experiences is both liberating and inspiring. The message of freedom and grace is brought with wisdom and humility and will be a great encouragement to many seeking to step out in their prophetic call.

KATHERINE RUONALA

SENIOR LEADER OF GLORY CITY CHURCH BRISBANE, THE GLORY GATHERING
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I have known Veronica for about 10 years & she is my closest & dearest friend! I have seen her walk through many of the stories that she shares in this book - these are stories of faith in action! Veronica's journey testifies of someone who has dared to dream, silenced the voices that said it couldn't be done and instead chose to believe in a God with whom all things are possible! I believe she has accomplished with her life what Romans 12 verse 1 encourages us with: "So here's what I want you to do, God helping you: take your everyday, ordinary life-your sleeping, eat-

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ing, going-to-work, and walking-around life, and place it before God as an offering” (The Message Bible). This book will inspire you to believe that you can make a difference with your seemingly ordinary life if you will allow God to be a part of it. Simply choose to believe who you already are in Christ because of the finished work of the Cross and you will be astounded at what God will do through you! As you read this book, you will have a supernatural encounter with the liberating Grace of God and discover that walking in the spirit can be a natural part of your every-day life! Enjoy the journey!

FLAVIA MANDERSON

As you read this book, you will experience a divine collision with the genuine, loving and compassionate heart of God that Veronica so clearly demonstrates through her anointed writing. Her transparency in sharing her life journey and experiences will impact you in a very profound way, as I experienced while uncovering the precious treasures within the pages of this priceless book.

You will learn and be activated to live in the supernatural as God has intended you - to manifest His grace, to move accurately in the prophetic and to walk in the unfailing love of God. This book will catapult you into a new dimension of walking in the Spirit! You need this timely book!

JANET ANGELA MILLS
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Dedication

This book is dedicated to Norma Faye Kilrain, the best mother in-law a girl could ever want!

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To my beloved husband and best friend, Peter.

Without your support and commitment this book would not have been written. Your faithfulness and generosity have impacted my life immensely. I love you and look forward to the rest of our lives together.

Every girl has to have a best friend! Flavia Manderson, you have stuck with me through thick and thin! Thank you for being my sounding board as I wrote this manuscript.

Ryan and Kylie, thank you for saying yes and for believing in me. With God, and people like you, all things truly are possible!

Rob and Glenda, the message your lives carry has impacted ours and through your website we have been greatly encouraged.

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Foreword

Veronica's book was a joy to read for both my wife Paula and myself. I first met Veronica when she attended a "Divinity Code" conference I was speaking at in Western Australia. At the end of the three day conference she boldly approached me asking to pray for Paula and I. We were blessed with the presence of God she brought and the accuracy of the prophetic word she gave to us. Since then it has been a pleasure seeing her grow in the things of God.

God has given us spiritual gifts which we can access and exercise. I believe that prophetic gifting is not a major strength in the body of Christ today, especially amongst leadership. Many are not allowing themselves to be guided by the voice of God. Jesus says in Mark 12:30-31, "Love the Lord your God with all your heart, with all your soul, with all your mind and with all your strength. This is the first commandment. And the second, like it, is this. You shall love your neighbour as yourself." Then the Apostle Paul writes in 1 Corinthians 14:1, "Pursue love, and desire spiritual gifts, but especially that you may prophesy." It is almost as if he is saying spiritual gifts, especially prophecy is the third commandment. Veronica has provided us with some keys to tap into and operate these gifts. She teaches us how to position ourselves for a fruitful life by creating a heavenly atmosphere in our homes.

In her book, Veronica has made herself transparent and vulnerable, revealing parts of her life which most of us would keep secret. She

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teaches us to walk in the Spirit, rest in Him and position ourselves to hear the voice of God.

It is inspirational to see a housewife and mother making pursuing the things of the Spirit a part of her everyday life, amidst all the challenges that rise from running a busy household.

I pray this book will inspire the reader to dig deeper, seek His face, and pursue the things of God.

ADAM F THOMPSON

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Preface

This book was birthed from a vision I had upon returning from Glory and Grace Conference in Hong Kong 2010. The heart of the message is the Gospel of Jesus Christ and the freedom we have through the finished work of the Cross. It is written for Christian women as an encouragement to stand tall in every area of our lives. When we know who and whose we are the sky is the limit as the Gospel has empowered us to live supernatural lives.

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Introduction

Living a supernaturally natural life is God's plan for each and every one of us. He wants us to hear his voice and live fruitful lives as we release Heaven on earth. Daily encounters with God happen effortlessly as we rest in his love. In this book I want to encourage you to take hold of God's gift of prophecy and live a prophetic life.

Recently the Lord took me in a vision into a vibrant field full of flowers. Holding hands we walked together into the centre of a field. We knew each other's thoughts before we spoke them. We were in tune with each other.

In this field I could see two types of flowers and they were moving together with the presence of God. The peace and harmony made me want to lie down and go to sleep resting in the atmosphere. It was intoxicating and beautiful.

The flowers felt alive. They sparkled with beauty. There was a sweet aroma in the field too and my face tingled as my back and shoulders felt the warmth and love that surrounded me.

Together we sat in the field and Jesus picked one of each of the two flowers that were represented, placing them into my hand. Sitting together, he asked me to look up into the sky and as I did, I saw a picture painting that stretched across the sky as far as my eyes could see. Painted across the sky were millions of human hearts, all beating. The tender-

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ness and love I felt for these hearts was overwhelming. A short time later, the Lord spoke the following words to me.

“Veronica, you are set apart. I have chosen you as my daughter. Do you see the flowers I have placed in your hand? They represent my goodness and my kindness. I want you to tell every person that you meet that I am good and that I am kind. Just like these beautiful flowers give pleasure to your senses, I want you to tell the world about my goodness and kindness. This is who I am. I have created each and every one with a desire to know me. I have paid the price for every bad and unkind thing in the world. When the world hears of my love, I will draw them by my Spirit into love. They will meet the Father in this place as I have paved the way for this to happen and they will experience freedom when they enter into this relationship.”

Walking in the Spirit – How you can experience the supernatural life of Grace is an invitation to partner with God through the spiritual gift of prophecy. Through a personal relationship with Jesus Christ, we have access to life in the spirit with God. New Testament prophecy forth-tells the Word of God in a declarative style proclaiming the Good News.

Prophecy awakens believers to their destiny in God and encourages a life of significance and effectiveness as we partner with Heaven on earth. Prophecy is a spiritual gift that all can access and exercise and it benefits believers in their ministry to God and strengthens the Church. Because Christ first loved us, we’ve been established in love and empowered and enabled to encounter the presence of God in our lives. We

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are ambassadors of love and as encouragers we can partner with God releasing Heaven on earth.

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CHAPTER 1

The Nature of God

MARRIED TO THE LAW

In the early days of my marriage things were very tough. I was fiercely independent due to my difficult background and my husband was like a policeman. Peter values health and exercise very much and at one point he said he would never marry me because I talked too much and was too fat! He also said that he felt like a father figure to me, as I had so much emotional and financial baggage when we first met.

In spite of all of this, when I first saw Peter in a pub, across a smoke-filled room, the Lord spoke to me and said, “You will marry that man and he will finish strong.”

God gave me a promise that night and, in a dream that followed, he also showed me events that would unfold way into the future. I love that about God. He is faithful to speak to us wherever we are and whatever stage in life we’re at.

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The Holy Spirit told me that my past did not define me, but that he was making all things new in my life. The dreams and desires he had placed into my heart to have a large, loving, and godly family would come to pass. I would also have opportunities to share his love with the world. Little did I know the scale of that dream, or the influence that God would give me! God planted big dreams in my heart and promised that I will see them fulfilled in my life. Those desires have become goals in my life. How these goals are being achieved is the plan that's written in sand. This is the journey with God and all the twists and turns that happen along the way.

Some months into our marriage, Peter decided we needed to be exercising on a daily basis. Well, he decided *I* needed to exercise. So off he went and bought a pair of second hand bicycles. Every afternoon, he would insist I get on the bicycle and ride with him. Like a donkey being pulled along with a bit in my mouth, I would reluctantly get on the bike, murmuring under my breath, feeling annoyed and childlike as we pedaled off down the street.

The problem was we were not connecting on a heart level. He didn't know how to love me and I had no idea how to trust him! I felt judged and I resented him trying to make me change. When I returned from food shopping he would ask me to hand over the receipts and he would check off what I had bought. It was his way of trying to help me in order to keep me healthy. All this did was stir up a lot of rejection in me. So much in fact that I would sneak off to McDonald's, eat two Big Mac meals and then go and buy a packet of chocolate biscuits at the super-

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market and eat the whole packet in one sitting! As you can imagine, in the first few years of our marriage I ballooned to 100 kilos. That's what living with the law does. It stirs up sin. It condemns and it has no power to bring about change.

We carried on in our early years of marriage like this, battling out our differences, tearing shreds off each other and arguing ourselves to sleep many nights. The first five years were tough. Through it all, we stayed in fellowship with other Christians and remained in our local church where we spent many hundreds of hours attending meetings, listening to the visiting and local speakers and soaking in the Word of God. God did many miracles in our hearts over a period of years as he changed the way we thought and related to each other and brought healing and restoration to our marriage.

Grace found a way and through the difficulties God has faithfully revealed his goodness and kindness towards us. A significant turning point came upon returning from a mission trip to Malawi in central Africa. Peter went ahead in the fifth year of our marriage and had a vasectomy reversal after nine years. He was 38 and reluctantly fulfilled his part of the marriage vow to have children. Twelve months to the day, our first child Hannah was born. This was a significant turning point in our marriage. The layers of the onion were being removed and the soft sweet and tender heart that resided inside Peter came to the fore. God healed his heart and emotionally he began to understand me and connect with me. I learnt to trust him and his good intentions towards me. We now celebrate each other, instead of trying to change each other.

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When I look at Peter, I see Paul in the Bible, a man who was formerly called Saul, a man who was transformed from the inside out when he met the living God. Paul, previously the biggest Pharisee of all, became the most influential and powerful man in the Bible. That is the transforming power of the Gospel!

What is the Gospel? It's good news!

Good News is that we've inherited everything that leads to a life of godliness, through God's free gift of righteousness. Our efforts fail to impress God as we cannot attain to perfection in our fallen state. Jesus' perfect life was the sacrifice for all mankind that tore the veil of separation. Because of this we now have free access to the Father. Our part is to receive what has been freely given and this way no man can boast. God is glorified and we get to partner with God through a personal relationship and experience the supernatural life of grace releasing Heaven on earth.

God has given us spiritual gifts that we can access and exercise. Prophecy is dear to the heart of God. We can hear God and see His face as we tune our spirit into God's Spirit. Speaking forth his purposes, promises and plans with clarity, authority and conviction becomes a natural part of life when walking in the spirit with God. Through prophecy, the world gets to encounter God and the Church is strengthened and encouraged. Prophecy is a gift that releases words of life that have the power to transform lives!

The Nature of God

At the age of nine, I travelled to Australia from New Zealand as an unaccompanied minor on a 747 airplane. Together with my younger sister, we were visiting our mother over the Christmas school holidays. This was the first time my sister and I had seen our mother in years as our parents separated when I was two and my sister was born. Our parents had divorced and both re-married in this time.

This trip to Australia was a defining moment in my young life. While in my mother's care, I was taken to a Christian church meeting. Driving along as passengers in the back seat of our stepfather's Kingswood wagon, we pulled into the church car park. My eyes were filled with awe and wonder as I stared at the large building, wondering what all the excitement I felt was about. The car was parked and we were ushered into an auditorium. It was standing room only as the seats were taken as we walked in. Extra chairs were being brought out from downstairs and the building was buzzing with laughter and life. The atmosphere was electric!

I remember a pianist playing on the stage and a beautiful fragrance in the room. The love in this place was like nothing I had ever felt or experienced. I knew I was in a good place and I wanted what I saw in the eyes of the people. Being my very first time in church, I was unaware of what was going on there. Years later, I figured out that God had placed me in the middle of a church that was experiencing full blown revival! The presence of God in that place was out of this world!

In the church meeting, I encountered my first supernatural experience. Two enormous angels appeared in front of me and I was com-

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pletely overwhelmed by their beauty. They were made up of light and so pure and clean and glorious. The whole time they were with me, they pointed me to Jesus as my Lord and Savior. Instantly I believed, and accepted Jesus into my heart. That was the beginning of my journey in the supernatural as a nine year old girl.

I returned home to New Zealand some time later with my sister and all hell broke loose! After sharing my new found faith with my Dad, he became very angry and said that my mother had brainwashed me with religion. I had a very close relationship with my Dad and always felt his love and still do to this day, but we were now on a different page spiritually. He based his world view on atheism and was an outspoken advocate for socialism which was his religion. Dad just couldn't get his head around what had happened to me. With sincerity, he tried to reason with me, dismissing my experiences as mumbo-jumbo.

On my visit to Australia, I became alive in Christ. My spirit was born again and from this moment in time my life changed from the inside out. I call it awakening. It's a bit like how you activate your credit card when it arrives in the mail. It has your name on it, but you need to activate it to make it work. My spiritual re-birth had activated the spirit of God within me. I could see things through spiritual lenses now, with God's view of life and eternity.

A war had begun in the second heaven over my life, and I had to learn how to stand in my faith as a spiritual warrior. I was nine years old, and living in an environment where the word "Jesus" was a swear word!

The Nature of God

There was a tormenting spirit of fear that lived in our home. I remember the ability it had to paralyze me physically, emotionally and mentally.

At night I had three recurring nightmares. In one of them, the walls would be closing in around me and I would scream out in fear, trying to escape and not get crushed. This happened every night for four years.

Then the tunnel dream would start. I would be flying at hurtling speed in a long dark tunnel with a demonic force trying to take me away and put me in a dungeon. There was no way out and I was terrified. Each night the evil force would torment me as I tried to sleep.

The third dream would follow. In this one, I was underneath a blade of grass, my physical body like an ant in comparison to the grass. Surrounded by hundreds of huge grass blades, I would try and wake myself up, to come to my senses and to get away. I would be paralyzed by fear which held me captive like a prisoner on my bed. Dad would come to my bedside and reassure me and the hall light had to remain on most nights.

One summer my stepmother decided to send me to one of her sister's places for a visit. There was a lot of tension between my stepmum and I. In a genuine commitment to give each other some space, I was packed off to my aunt and uncle's place. While on this holiday, we did many lovely things. We stenciled some material, making a skirt from the fabric and also went bush walking in the surrounding mountains. The evenings were spent at home, cooking, knitting and enjoying the warmth of the lounge room wood fire with Scruffy the dog nearby.

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On this holiday, I shared some of my night terrors with my aunty. She listened with compassion and then gave me some simple but profound advice. She said that when the dreams start, that I should wake myself up by putting my hand in front of my face and tell them to “Stop!”

The holiday ended and I returned home soon after. The dreams started straight away and the first night I remember trying so hard to physically get myself to sit up in the bed, to lift my hand up to say Stop! It was not easy. The second and third nights, I continued to force myself to wake up and on the third night, I actually sat right up in my bed, put my hand up and said, “Stop!” I was able to then lie back down and successfully get myself back to sleep.

After several weeks of waking up and saying, “Stop,” the nightmares began to diminish and not come back. The physical pain that lived in my gut from fear began to leave and the knots that tied my emotions up with anger and frustration started to untie. My mind began to relax a little more too, as I had been so tightly wound up by this tormenting spiritual experience.

That simple act of saying Stop set me free! Without realizing it, I had exercised the authority Jesus had given me when I received him into my heart. The tormenter was an illegal imposter in my life and had no authority. I was in a spiritual war zone, not knowing that I had the authority I needed in Jesus name to deal with the opposition I faced. A divine transfer had taken place back at the church back in Australia. The delegated authority of God’s Kingdom was given to me to rule and reign in life and fear had no place in my life!

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At 14, my Dad let me live in Australia with my mother. It was 1989 and from this point on I had many opportunities to learn about life in the Spirit through a variety of prophetic and apostolic teaching ministries through the local churches I attended in my teenage years and young adult life.

LOVE

One with God, we have been empowered to be love. Love is who God is. Belonging to us is the supernatural ability to love the unlovely and to see others as God sees them. The message we carry is intimacy. Jesus has paid for every sin at the Cross so that the world could be one with him, never to be separated from love again. We've been set free by grace through faith. Our part is to abide in love through acceptance grace.

FREEDOM

Walking in the Spirit and living the supernatural life of Grace is a life of freedom! There's no fear in love, as perfect love has cast out all fear. The way we think, act and behave (our condition) begins to align with our position (in Christ) as we align our thinking with the Good News. The goodness of God brings refreshment and life. The Gospel has the power to transform our lives, setting us free from fear, failure and anything that hinders us from living fruitful and fulfilling lives.

Walking in the Spirit and living the supernatural life of grace is an adventurous journey. It's a life of intrigue, fun and many incredible supernatural encounters with the person of love. Partnering with God with

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the spiritual gift of prophecy releases the sound of Heaven on earth. Our words have the power to release the supernatural presence and power of God into our lives and create atmospheres for God's glorious presence.

Twenty eight years ago I embarked on this spiritual journey of walking in the Spirit and living the supernatural life of grace. God has made each and every one of us in his image, his plan for our lives is good and the Spirit of God invites us to partner with him living supernatural natural lives!